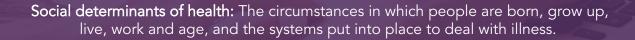


Social determinants of health:

Important insights to help close gaps and improve care

Follow-up Guide



Five Key Areas to consider

- Economic Stability
- Neighborhood and Built Environment
- Health and Health Care
- Social and Community Context
- 5 Education

Source: HealthyPeople.gov, 2019



How can **YOU** help?

- Understand the needs and challenges of your employees
- Ensure your policies allow your employees to have the time and resources to maintain their health
- Educate your employees about local access for healthy food, transportation, and other community resources available to them
- Spur a culture of well-being and community involvement
- Partner with local public health departments for affordable or free health resources for your business and your employees
- Contact your Blue Cross representative for more information





Learn more with additional resources

- MiBluesPerspectives: Exploring the Unique Health Care Challenges of Homeless, LGBTQ and Immigrant Communities
- MiBluesPerspectives: Michigan Safety Net Clinics Receive Grants to Help Uninsured Patients Get Health Care, Address Opioid and Prescription Drug Misuse
- MiBluesPerspectives: <u>Supporting Communities Through the Michigan Health Endowment Fund</u>
- MiBluesPerspectives: Food as Medicine: How the BCBSM Foundation Supports Produce Prescription Programs
- MiBluesPerspectives: <u>Social Needs and Their Impact on Health Care: Research Identifying Best Screening</u> Methods